

CORPORATE MEMBERSHIP

Lion Quays Country Club offers members an exclusive range of lifestyle and fitness options, enabling you to get the most from your leisure and relaxation time. With our mix of world class facilities and expertise, joining our Country Club will provide you and your family with every opportunity to enjoy a healthy lifestyle.

Our extensive range of facilities includes:

- Extensive fully equipped fitness suite
- Kinesis functional fitness trainer and function training area
- Choose from 48 group exercise classes per week
- 25m indoor heated swimming pool
- Poolside rustic Finnish sauna, Star-lit steam room & Relaxing hot tub
- Outdoor all weather tennis courts
- Crown green
- Fully qualified and friendly Gym Team readily available to give advice and motivation

Nico's Country Club Bar & Restaurant

It's not all hard work, take the time to reward yourself after your workout with an ice cold beer, a glass of wine, or a fresh fruit smoothie ... followed by a lovely meal. The themed menu is prepared in a contemporary open kitchen, and you can eat al fresco on the terrace overlooking the tennis courts and nearby golf course. Here we serve mouth-watering barbeques from May to September.

Additional Member Benefits include:

Spa World Thermal Suite	£15 per person & up to 20% Treatment Menu Discount**
Group Discount	10% discount at Nico's restaurant, The Lion Quays Hotel and The Waterside Resort**

£55 per month OR Annual payment of only £550

Email Suzanne.Williams@lionquays.com for more details.

The journey of a thousand miles begins with a single step...